

Careers education: CDI spiral curriculum

CDI learning area	Reception*	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Grow throughout life Grow throughout life by learning and reflecting on yourself, your background, and your strengths.	Who can help me?	Who can I trust to ask for help?	What am I good at?	What does success look like?	How can stereotypes affect careers?	What are skills?	How do challenges help you grow?
Create opportunities Create opportunities by being proactive and building positive relationships with others.	What can I sell in my magical shop?	Can we run a shop together?	What would I like to do in the future?	Who can help me improve?	How do different jobs work together?	Which jobs might be needed in the future?	What is it like to set up a business?
Balance life and work Balance your life as a worker and/or entrepreneur with your wellbeing, other interests and your involvement with your family and community.	What is work and what is rest?	How can I volunteer?	What happens when you start a job?	How can I balance work at school and at home?	Why do people do different types of work?	Why do people work for charities?	How can I manage money?
See the big picture See the big picture by paying attention to how the economy, politics and society connect with your own life and career.	What can we learn about jobs from a story?	How are jobs in the past different to now?	How can schools and jobs protect the environment?	How does technology impact jobs?	Do stories contain accurate careers information?	How can we prevent harmful work?	How might working life change in the future?
Explore possibilities Explore the full range of possibilities open to you and learn about recruitment processes and the culture of different workplaces.	What jobs are there in school?	What jobs do people around me do?	Why do some jobs have uniforms?	What are career sectors?	How do subjects at school link to jobs?	What skills do people need for different jobs?	Why are qualifications important for jobs?
Manage career Manage your career actively, make the most of opportunities and learn from setbacks.	Do people enjoy their jobs?	Who do I look up to?	Why do we go to school?	What is a career journey?	How can I achieve a goal?	How can I make a good decision?	How can I prepare for change?