

The School Council at St Martin's have made this child friendly policy

Our Values and Beliefs

Everyone has the right to feel happy and safe at school and therefore bullying is unacceptable. Pupils who feel they are being bullied will be supported.



Several Times On Purpose

Bullying is intentional (not an accident), a bully hurts someone on purpose. Bullying is repetitive. This means that the bully hurts someone over and over again, it isn't an accident that happens only once. Bullying can be by one person or by a group of people.

What is bullying?

Physical - can be kicking, hitting, pushing, pinching or any other physical contact.

Verbal - can be name calling, teasing, threats and saying you are going to hurt them.

Indirect - can be leaving someone out from social groups like games, spreading rumours, blaming someone for something they haven't done.

Racist - can be name calling about someone's skin colour or religion.

Online/internet (known as cyberbullying): can be sending text messages on mobile phones, writing nasty comments on facebook/twitter/social network sites, calling people names on open games such as xbox, playstation.



Where does bullying happen?

Corridor

Toilets

Playground

Dinner Hall

Classroom

On the way to/from school

On the internet/games/mobile phones

What should we look for?

Face - looking sad or upset

Becoming very quiet

Crying for no real reason

Not doing their work like before

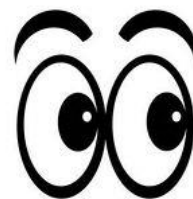
Doesn't want to come to school

Stops eating, or eats slowly to prevent going outside

Not sleeping properly

Comes home with clothes torn/belongings missing

Continually asks for money for school



Don't be a bystander

A bystander is a child who stands and watches the bullying happen.

Don't:

laugh and join in, do nothing, get involved, sort the problem yourself

Do:

Tell someone - this could be an adult at school or home

Use the worry boxes - if you have any worries, write them down and post them into the worry box. A member of staff will look in the boxes everyday and act on any worries that are in there.



How do we try and prevent bullying?

Our school behaviour policy helps to promote positive behaviour in school to create an environment where everyone behaves well and respects one another.

Ensure all children, families and staff are aware of our Anti-bullying Policy.

During PSHE and circle time children will learn about the consequences of bullying and what to do if they experience bullying.

Our school takes part in the national anti-bullying week every year to remind children that bullying is not acceptable.

The school council discuss ways in which they can support anti-bullying in school.

Posters are displayed around school regarding being safe on the internet.

What will we do?

Support the children who are bullied. Reassure them they do not deserve to be bullied and that it is not their fault.

Encourage the child to talk about their feelings and they will be involved in making choices about how to resolve the matter. They will be asked to tell someone if any bullying happens again and we will involve their friends for support.

Talk to the child (or children) involved in the bullying separately and listen to their version of what happened. We will talk to anyone else that saw the bullying.

Remind the child (or children) that bullying is not acceptable and expect bullying to stop.

We will contact the child's parents.

We will make sure we check that the bullying has not started again.

Children that have been involved in bullying will have the appropriate sanctions given.